MEETING OF THE MOMS: EXPRESSIONS OF JOY

KYHL PEARSON

Luke 1:39-56 November 15, 2026

This discussion guide is designed for Saylorville Church Community Groups as they live and learn together each week. The sermons and guides can be found at www.saylorvillechurch.com/sermons.

CONNECT WITH YOUR GROUP (10-15 MINUTES)

- What's something that brings you joy? How can people around you tell when you are joyful?

APPLY THE BIBLE (45-60 MINUTES)

- **Remember** what you talked about last time. Is there anything you need to **follow up** on this week?
- **Review** your Sermon Notes together. What is **one thing** that sticks out to you about what you learned?
- **Read** this week's passage together. In his message, Pastor Kyhl reminded us that Jesus brings joy, and no matter what our personalities, we should express that joy.

Jesus Brings Joy…

1. For the Barren: Joy Greater Than Our Circumstances (Luke 1:41-45)

- *Elizabeth rejoiced in the presence of her Lord. Her joy reached beyond the gift of her own child.*
  - What do Elizabeth's words reveal about her humility and her view of Jesus?
  - Pastor Kyhl said, "Meeting the Savior is better than any of the gifts he provides." What makes this difficult to believe or practice for you right now?
  - What circumstances or unanswered prayers are testing your joy? What truth about Jesus helps you face them?

2. For the Betrothed: Joy While We Wait (Luke 1:46-55)

- *Mary worshiped while she waited. She remembered God's faithfulness and trusted his promises.*
  - Where are you waiting on God? How is that waiting affecting your attitude toward him and others?
  - Mary recalled what God had done. What example of his faithfulness in your your life can you remember when waiting becomes difficult?
  - Read John 14:1–3. How can Jesus' promise to return shape the way you worship, serve, and wait today?

3. For the Baby: Joy In The Presence Of Jesus (Luke 1:15, 41-44)

- *John leaped for joy. The Holy Spirit was at work as Elizabeth, Mary, and John responded to Jesus.*
  - Where do you see the Holy Spirit at work in this passage? What does this show us about the source of their joy?
  - Pastor Kyhl described knowing theology but losing joy. When have you experienced that? What helps you move from knowing facts about Jesus to delighting in him?
  - How does remembering Jesus' life, death, and resurrection renew your joy? Who could you share that good news with this week?

Receive and Respond: What will I do because of what I just heard?

PRAY TOGETHER (5-15 MINUTES)

- Thank Jesus for who he is and what he has done. Pray for those facing sorrow or a difficult season of waiting. Use Psalm 51:12 to ask God to restore the joy of his salvation.

