

*Now teach these truths to other trustworthy people who will be able to pass them on to others.
2 Timothy 2:2*

TWO:22

Spiritual conversations between two
people becoming more like Jesus



Two:22 Discipleship Plan

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Two:22 Discipleship Plan

Spiritual conversations between two people becoming more like Jesus

2 Timothy 2:2 - Now teach these truths to other trustworthy people who will be able to pass them on to others. (NLT)

What is A Disciple?

A disciple is someone who is becoming more like Jesus. Discipleship, then, is the process of becoming, or helping someone else become, more like Jesus.

Discipleship is open to everybody from every age, every stage of life, and every culture. In His last earthly words to His closest followers, Jesus commands them to “Go, therefore, and make disciples of all nations” (Matthew 28:19).

But becoming more like Jesus doesn’t happen by accident. It’s an active endeavor. It’s work. The Apostle Paul told Christians in Philippi to “work out your own salvation with fear and trembling, for it is God who works in you” (Philippians 2:12). God works in the Believer who is working to be more like Jesus.

Discipleship is never over. Nobody ever reaches the end of the journey in this life. Becoming more like Jesus is a lifelong process in which the disciple is being constantly changed and matured. 2 Corinthians 3:18 reminds us that we are “being transformed... from one degree of glory to another.” God uses His Word to show us how we need to change to be more like Jesus (Romans 12:2, Psalm 119:105).

When a Believer commits to helping another Believer along the discipleship journey, he/she is committing to say along with the Apostle Paul, “Imitate me as I imitate Christ” (1 Corinthians 11:1). The goal of the disciple is to be more like Jesus, and help others be more like Jesus. Christ is the prize, the pursuit, and the perfect example.

What is the Two:22 Discipleship Plan?

Two:22 is a tool that will help guide two people in a series of spiritual conversations. These Bible-focused discussions are designed to help both people grow in their intimacy with God, their community with other believers, and their influence with those who don’t yet know Jesus. Becoming more like Jesus is a lifelong journey - one that includes many people, experiences, and tools that God uses to shape His children. Two:22 is simply one part of that journey.

How is Two:22 Different?

Instead of offering a rigid schedule of homework-like assignments, Two:22 allows for the flexibility of a realistic relationship between two students of the Bible. While most of the conversations are based on one of the core values of a Christ-follower and corresponding Scripture, the discussion adapts to the relationship of its participants.

Throughout the Bible, we find that discipleship is profoundly relational. In order to grow spiritually, we must grow relationally. Two:22 simplifies discipleship down to its basic

roots: transforming Scripture and transparent relationships. Without the burden of lengthy preparation, the Two:22 plan allows both participants to enter each conversation with their hearts and minds open to God's leading. As two friends study and memorize the Word together, they can more practically apply it in each of their lives as well as encourage each other through intentional times of prayer.

Two:22 is different because it focuses on the growth of a relationship through real, Biblically-based conversations about the core competencies necessary for every growing Christ-follower.

Who is Two:22 For?

Two:22 is for any man or woman that wants to be more like Jesus, and wants to help others be more like Jesus. This series of conversations suits anyone who wants to truly follow Jesus and become his disciple.

Ready to Begin?

Are you ready to start the journey of helping someone be more like Jesus? For suggestions on how to begin, check out the "Getting Started" section in the appendix.

Before Conversation #1

Complete Your **Growth Assessment**

Our vision at Saylorville Church is to make more people more like Jesus. As a church, we are committed to helping you be more like Jesus Christ so that you will be able to do the same for others. We believe the seven Core Values are characteristics that should define every Christian's discipleship journey - the road to becoming more like Jesus. The tools on the next few pages will give you a picture of where you are in your discipleship journey, and it will let your Two:22 partner know how to help you grow. Work through the steps slowly and honestly to get the most meaningful results.

Toward the end of your Two:22 relationship, you and your partner will take the Growth Assessment again and talk about it together. As time has passed, and as you have both continued to become more like Jesus, you'll be able to look back and praise God for way you have grown.

Step 1: Take The Core Value Growth Assessment

Rate yourself in each category according to the following scale:

N	<i>No experience</i>	I really don't know much about this
A	<i>Awareness</i>	I recognize that this is important for followers of Christ
U	<i>Understanding</i>	I truly get this and I can easily explain it to others
P	<i>Practicing</i>	I think/feel/know/do this regularly, ask anyone who knows me
R	<i>Reproducing</i>	I am consistently helping others to think/feel/know/do this

Try to think of specific examples in your life on which to base your selections. Look for patterns, no one is perfect. Be honest as you circle the option you believe best applies to your life right now.

The Gospel

Jesus rescued me from eternal death, so I will live my life on earth for Him.

I have accepted Jesus Christ as my Lord (leader) and Savior (forgiver)	N A U P R
I put Jesus first in my life, even if it means I stand alone	N A U P R
I am able to clearly explain the gospel to my friends	N A U P R
I believe that once I'm part of God's family, nothing can ever take me out	N A U P R
I know there is a real place called Heaven and a real place called Hell	N A U P R

N	<i>No experience</i>	I really don't know much about this
A	<i>Awareness</i>	I recognize that this is important for followers of Christ
U	<i>Understanding</i>	I truly get this and I can easily explain it to others
P	<i>Practicing</i>	I think/feel/know/do this regularly, ask anyone who knows me
R	<i>Reproducing</i>	I am consistently helping others to think/feel/know/do this

Community

God adopted me into His family, so I will share life with his children.

I recognize needs in others and I share what I have to meet those needs	N A U P R
I have close Christian friends who challenge and encourage me	N A U P R
I spend quality time with other Christians outside the church building	N A U P R
I pray for Christians around the world who are persecuted for their faith	N A U P R
I am honest and vulnerable with Christian friends who genuinely care	N A U P R

Mission

Jesus sent me to live on mission, so I will make disciples as I go.

I have good friendships with people who do not follow Jesus	N A U P R
I take opportunities to tell others my faith story (my testimony)	N A U P R
I plan my daily routine so that I can intentionally invest in others	N A U P R
I help other people do what I do by mentoring and training them	N A U P R
I am doing things that have a positive influence beyond my own life	N A U P R

Generosity

God owns everything, so I will invest for eternity what He has given me temporarily.

I believe God owns everything I have	N A U P R
I regularly invest my money, my time, and my things to help the church	N A U P R
I believe I can invest what I have in ways that make an eternal impact	N A U P R
I look for ways to bless people with the money God gives me	N A U P R
I give to people so that they will know that God is the ultimate giver	N A U P R

Worship

God alone rules my world, so I will point to Him in everything I do.

I think about how great God is every day, not just when I'm at church	N A U P R
I recognize that God allows all the circumstances in my life	N A U P R
I point people to God when they notice that I've done something well	N A U P R
I enjoy getting together with other Christians to talk about God	N A U P R
I worship when I'm alone, and also when I'm with other people	N A U P R

N	<i>No experience</i>	I really don't know much about this
A	<i>Awareness</i>	I recognize that this is important for followers of Christ
U	<i>Understanding</i>	I truly get this and I can easily explain it to others
P	<i>Practicing</i>	I think/feel/know/do this regularly, ask anyone who knows me
R	<i>Reproducing</i>	I am consistently helping others to think/feel/know/do this

Service

Jesus made Himself nothing for me, so I will consider the needs of others before my own.

I know that God gives me talents and abilities so that I can help others	N A U P R
I make myself available to help others - Christians and non-Christians	N A U P R
I feel like serving God is a privilege, not a chore	N A U P R
I put others' needs before my own - at home, work, church, etc.	N A U P R
I serve regularly in a ministry here at church	N A U P R

Growth

God gives me all I need to thrive, so I will develop disciplines for healthy growth.

I have been baptized under water since becoming a follower of Jesus	N A U P R
I spend time alone with God regularly through prayer and Bible reading	N A U P R
I am able to say no to sin more and more through the Holy Spirit's help	N A U P R
I make decisions based on principles I find in God's Word	N A U P R
I am more like Jesus than I was three months ago	N A U P R

Step 2: Total Up Your Results

- Go back through the statements on the previous page and count your circles.
- Write the results in the first space in each line below.
- Then multiply that number out and write the result in the second space below.
- Add up the the results and put the total in the last space under each Core Value.

EXAMPLE:

N (No experience) 0 x 1 = 0
 A (Awareness) 1 x 2 = 2
 U (Understanding) 1 x 3 = 3
 P (Practicing) 2 x 4 = 8
 R (Reproducing) 1 x 5 = 5
 Total: 18

Generosity:

N (No experience) _____ x 1 = _____
 A (Awareness) _____ x 2 = _____
 U (Understanding) _____ x 3 = _____
 P (Practicing) _____ x 4 = _____
 R (Reproducing) _____ x 5 = _____
 Total: _____

The Gospel:

N (No experience) _____ x 1 = _____
 A (Awareness) _____ x 2 = _____
 U (Understanding) _____ x 3 = _____
 P (Practicing) _____ x 4 = _____
 R (Reproducing) _____ x 5 = _____
 Total: _____

Worship:

N (No experience) _____ x 1 = _____
 A (Awareness) _____ x 2 = _____
 U (Understanding) _____ x 3 = _____
 P (Practicing) _____ x 4 = _____
 R (Reproducing) _____ x 5 = _____
 Total: _____

Community:

N (No experience) _____ x 1 = _____
 A (Awareness) _____ x 2 = _____
 U (Understanding) _____ x 3 = _____
 P (Practicing) _____ x 4 = _____
 R (Reproducing) _____ x 5 = _____
 Total: _____

Service:

N (No experience) _____ x 1 = _____
 A (Awareness) _____ x 2 = _____
 U (Understanding) _____ x 3 = _____
 P (Practicing) _____ x 4 = _____
 R (Reproducing) _____ x 5 = _____
 Total: _____

Mission:

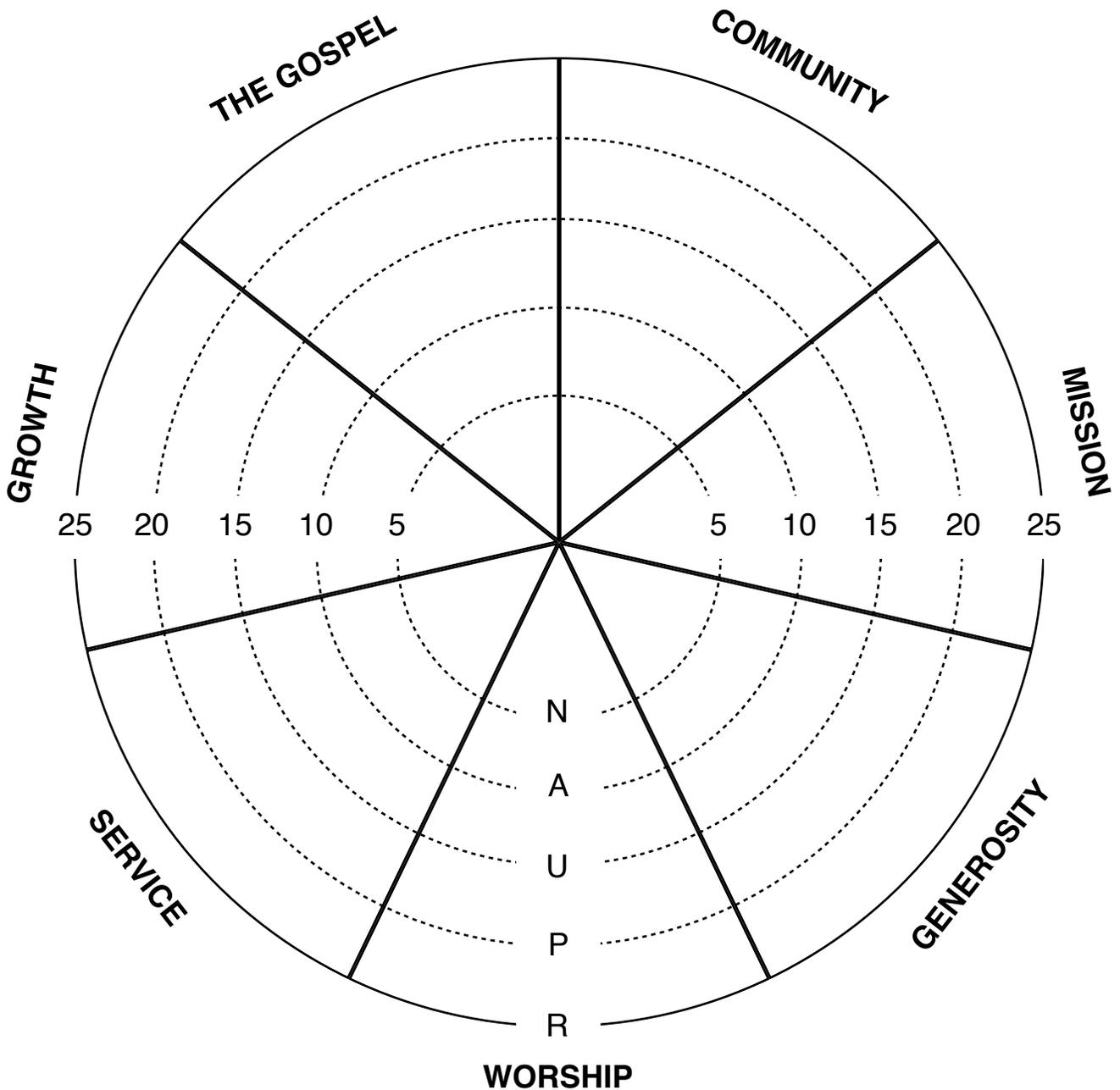
N (No experience) _____ x 1 = _____
 A (Awareness) _____ x 2 = _____
 U (Understanding) _____ x 3 = _____
 P (Practicing) _____ x 4 = _____
 R (Reproducing) _____ x 5 = _____
 Total: _____

Growth:

N (No experience) _____ x 1 = _____
 A (Awareness) _____ x 2 = _____
 U (Understanding) _____ x 3 = _____
 P (Practicing) _____ x 4 = _____
 R (Reproducing) _____ x 5 = _____
 Total: _____

Step 3: Create Your Growth Wheel

- Transfer the totals from each Core Value on the previous page and mark them on the Growth Wheel in the appropriate section.
- Using a pencil or marker, shade from the middle of the wheel until you reach your total in each section.
- The shaded areas reveal your personal Growth Wheel at this point in your spiritual journey.



Conversation #1

Share Your Faith Story

There's something incredibly powerful about a story. What's so powerful about your faith story is that it's YOUR story - what God did in YOUR life. When you tell your faith story, you make a connection with people who are listening in a way that other ways of communicating might not be able to do. Just think, someone who hears your story may be hearing the Good News of the Gospel for the very first time. They need to hear your story!

When you share your personal testimony with your Two:22 partner, try to be as transparent as you can be. This may be the first real conversation you have with your Two:22 partner. The way you share your story, and how you react as your partner shares his/her story, will help set the foundation for the rest of your Two:22 discipleship conversations.

Some Tips:

- Stick to the highlights. Don't feel like you have to share your entire life story in the first conversation.
- Talk about your life **before** Christ. What motivated you? What were your priorities?
- Talk about **how and when** you accepted Christ. Explaining what the Gospel is, and what happened at your salvation.
- Talk about the difference in your life now - **after** Christ changed you.
- You might also want to include a special word about the people who have influenced your spiritual journey before and after your salvation.
- Feel free to mention specific verses in the Bible that have been an encouragement to you in your growth journey.
- Share a little about why you wanted to begin the Two:22 discipleship journey.

Remember:

- Don't simply say, "I prayed a prayer and got saved," or, "I asked Jesus into my heart." What does that mean? Explain it more fully. For example, "I came to realize that because of my sin, I couldn't do enough to please God. I needed his forgiveness. So I asked Jesus to be the forgiver and leader of my life, and I am now trusting him completely for everything."
- Please don't say, "I grew up in a Christian home." Was your house actually a follower of Jesus? Was everyone in your home born a Christian? Neither of those is possible. Instead, say something like, "From a young age, my parents taught me about Jesus from the Bible."
- Don't shy away from talking about specific struggles you might have had since your salvation. You may be an encouragement to others who hear you and are going through similar circumstances.

Conversation #1 (Continued)

Design Your Personal Growth Plan

Talk with your Two:22 partner

- Look back at your Growth Wheel.
 - Which Core Values have the most shading? At this point in your spiritual growth, these seem to be the disciplines where you are strongest.
 - Which Core Values have the least shading? At this point in your spiritual growth, these seem to be the disciplines where you are weakest.
- Now it's time to use the results of your Core Value Growth Assessment to design a plan to help you grow in a healthy way.
 - Under each Core Value below, write out some specific goals that will help you move toward maturity in that area of your life over the next three months.
 - Make sure you are specific when you write your goals.
 - An example of a goal that *is not* specific is, "I will read my Bible."
 - An example of a goal that *is* specific is, "I will read one chapter of the Book of Proverbs before I leave the house every day for the next three months."
 - Work together with your Two:22 partner to develop specific growth goals for each Core Value for each of you. If you need more help, ask your spouse, your Cell Group Leaders, or some of your close Christian friends to offer their suggestions.

The Gospel

Jesus rescued me from eternal death, so I will live my life on earth for Him.

In order to grow in this area of my life over the next three months, I will:

Community

God adopted me into His family, so I will share life with his children.

In order to grow in this area of my life over the next three months, I will:

Mission

Jesus sent me to live on mission, so I will make disciples as I go.

In order to grow in this area of my life over the next three months, I will:

Conversation #2

The Goal of Discipleship: To be more like Jesus and help others be more like Jesus.

Key Passage to Memorize this Week: Matthew 28:19-20

“Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”

Opening Questions:

- What was the highlight of this past week?
•
- What is a challenge you're facing? How can I help?
•

Accountability Questions:

- How successful were you at implementing what you learned the last time we were together?
•

Bible Questions (Read this week's Key Passage together):

- Observation: What do you see?
•
- Interpretation: What does it mean?
•
- Correlation: Where else is this taught?
•
- Application: How does it apply to you?
•

Mission Questions:

- With whom will you share what you learned this week?
•

Prayer Questions:

- Adoration: What are some reasons that you love God this week?
•
- Confession: In what areas have you struggled this week?
•
- Thanksgiving: What are you thankful for this week?
•
- Supplication: How can I pray for you this week?
•

Extra Study:

- Hebrews 12:1-3; 2 Corinthians 5:17-21; Romans 8:28-30

Conversation #3

The Gospel: Jesus rescued me from eternal death, so I will live my life on earth for Him.

Key Passage to Memorize this Week: 2 Corinthians 5:14-15

For the love of Christ controls us, because we have concluded this: that one has died for all, therefore all have died; and he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised.

Opening Questions:

- What was the highlight of this past week?
•
- What is a challenge you're facing? How can I help?
•

Accountability Questions:

- How successful were you at implementing what you learned the last time we were together?
•

Bible Questions (Read this week's Key Passage together):

- Observation: What do you see?
•
- Interpretation: What does it mean?
•
- Correlation: Where else is this taught?
•
- Application: How does it apply to you?
•

Mission Questions:

- With whom will you share what you learned this week?
•

Prayer Questions:

- Adoration: What are some reasons that you love God this week?
•
- Confession: In what areas have you struggled this week?
•
- Thanksgiving: What are you thankful for this week?
•
- Supplication: How can I pray for you this week?
•

Extra Study:

- Galatians 2:20; Ephesians 2:8-10; Romans 1:16-17

Conversation #4

Community: God adopted me into His family, so I will share life with His children.

Key Passage to Memorize this Week: Hebrews 10:24-25

And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.

Opening Questions:

- What was the highlight of this past week?
•
- What is a challenge you're facing? How can I help?
•

Accountability Questions:

- How successful were you at implementing what you learned the last time we were together?
•

Bible Questions (Read this week's Key Passage together):

- Observation: What do you see?
•
- Interpretation: What does it mean?
•
- Correlation: Where else is this taught?
•
- Application: How does it apply to you?
•

Mission Questions:

- With whom will you share what you learned this week?
•

Prayer Questions:

- Adoration: What are some reasons that you love God this week?
•
- Confession: In what areas have you struggled this week?
•
- Thanksgiving: What are you thankful for this week?
•
- Supplication: How can I pray for you this week?
•

Extra Study:

- Ephesians 4:1-6; Acts 2:42-47; 1 Corinthians 12:12-14

Conversation #5

Mission: Jesus sent me to live on mission, so I will make disciples as I go.

Key Passage to Memorize this Week: John 20:21

Jesus said to them again, "Peace be with you. As the Father has sent me, even so I am sending you."

Opening Questions:

- What was the highlight of this past week?
•
- What is a challenge you're facing? How can I help?
•

Accountability Questions:

- How successful were you at implementing what you learned the last time we were together?
•

Bible Questions (Read this week's Key Passage together):

- Observation: What do you see?
•
- Interpretation: What does it mean?
•
- Correlation: Where else is this taught?
•
- Application: How does it apply to you?
•

Mission Questions:

- With whom will you share what you learned this week?
•

Prayer Questions:

- Adoration: What are some reasons that you love God this week?
•
- Confession: In what areas have you struggled this week?
•
- Thanksgiving: What are you thankful for this week?
•
- Supplication: How can I pray for you this week?
•

Extra Study:

- Colossians 4:2-6; 2 Corinthians 5:17-21; Acts 1:8

Conversation #6

Generosity: God owns everything, so I will invest for eternity what He has given me temporarily.

Key Passage to Memorize this Week: Matthew 6:19-21

“Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”

Opening Questions:

- What was the highlight of this past week?
•
- What is a challenge you're facing? How can I help?
•

Accountability Questions:

- How successful were you at implementing what you learned the last time we were together?
•

Bible Questions (Read this week's Key Passage together):

- Observation: What do you see?
•
- Interpretation: What does it mean?
•
- Correlation: Where else is this taught?
•
- Application: How does it apply to you?
•

Mission Questions:

- With whom will you share what you learned this week?
•

Prayer Questions:

- Adoration: What are some reasons that you love God this week?
•
- Confession: In what areas have you struggled this week?
•
- Thanksgiving: What are you thankful for this week?
•
- Supplication: How can I pray for you this week?
•

Extra Study:

- 2 Corinthians 9:6-15; Philippians 4:11-13; Psalm 24:1-2

Conversation #7

Worship: God alone rules my world, so I will point to Him in everything I do.

Key Passage to Memorize this Week: Colossians 3:17

And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

Opening Questions:

- What was the highlight of this past week?
•
- What is a challenge you're facing? How can I help?
•

Accountability Questions:

- How successful were you at implementing what you learned the last time we were together?
•

Bible Questions (Read this week's Key Passage together):

- Observation: What do you see?
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- Interpretation: What does it mean?
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- Correlation: Where else is this taught?
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Mission Questions:

- With whom will you share what you learned this week?
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Prayer Questions:

- Adoration: What are some reasons that you love God this week?
•
- Confession: In what areas have you struggled this week?
•
- Thanksgiving: What are you thankful for this week?
•
- Supplication: How can I pray for you this week?
•

Extra Study:

- Romans 12:1-2; Isaiah 6:1-8; Job 38:1-7

Conversation #8

Service: Jesus made Himself nothing for me, so I will put the needs of others before my own.

Key Passage to Memorize this Week: Philippians 2:3-4

Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others.

Opening Questions:

- What was the highlight of this past week?
•
- What is a challenge you're facing? How can I help?
•

Accountability Questions:

- How successful were you at implementing what you learned the last time we were together?
•

Bible Questions (Read this week's Key Passage together):

- Observation: What do you see?
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Prayer Questions:

- Adoration: What are some reasons that you love God this week?
•
- Confession: In what areas have you struggled this week?
•
- Thanksgiving: What are you thankful for this week?
•
- Supplication: How can I pray for you this week?
•

Extra Study:

- Mark 10:42-45; Romans 12:9-21; 1 Corinthians 12

Conversation #9

Growth: God gives me all I need to thrive, so I will develop disciplines for healthy growth.

Key Passage to Memorize this Week: Ephesians 4:15-16

Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.

Opening Questions:

- What was the highlight of this past week?
•
- What is a challenge you're facing? How can I help?
•

Accountability Questions:

- How successful were you at implementing what you learned the last time we were together?
•

Bible Questions (Read this week's Key Passage together):

- Observation: What do you see?
•
- Interpretation: What does it mean?
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- Correlation: Where else is this taught?
•
- Application: How does it apply to you?
•

Mission Questions:

- With whom will you share what you learned this week?
•

Prayer Questions:

- Adoration: What are some reasons that you love God this week?
•
- Confession: In what areas have you struggled this week?
•
- Thanksgiving: What are you thankful for this week?
•
- Supplication: How can I pray for you this week?
•

Extra Study:

- Hebrews 5:11-14, Galatians 5:16-26, 2 Timothy 3:14-17

Before Conversation #10

Complete Your **Growth Assessment**

The Core Value Growth Assessment is a tool that will help as you evaluate where you are in your journey of becoming more like Jesus over time. At the beginning of the Two: 22 discipleship plan, you and your partner walked through the Growth Assessment together.

This week, you and your partner will take the Growth Assessment again and discuss it when you meet together. As time has passed, and as you have both become more like Jesus, you'll be able to look back and praise God for way you have grown.

Step 1: Take The Core Value Growth Assessment

Rate yourself in each category according to the following scale:

N	<i>No experience</i>	I really don't know much about this
A	<i>Awareness</i>	I recognize that this is important for followers of Christ
U	<i>Understanding</i>	I truly get this and I can easily explain it to others
P	<i>Practicing</i>	I think/feel/know/do this regularly, ask anyone who knows me
R	<i>Reproducing</i>	I am consistently helping others to think/feel/know/do this

Try to think of specific examples in your life on which to base your selections. Look for patterns, no one is perfect. Be honest as you circle the option you believe best applies to your life right now.

The Gospel

Jesus rescued me from eternal death, so I will live my life on earth for Him.

I have accepted Jesus Christ as my Lord (leader) and Savior (forgiver)	N A U P R
I put Jesus first in my life, even if it means I stand alone	N A U P R
I am able to clearly explain the gospel to my friends	N A U P R
I believe that once I'm part of God's family, nothing can ever take me out	N A U P R
I know there is a real place called Heaven and a real place called Hell	N A U P R

Community

God adopted me into His family, so I will share life with his children.

I recognize needs in others and I share what I have to meet those needs	N A U P R
I have close Christian friends who challenge and encourage me	N A U P R
I spend quality time with other Christians outside the church building	N A U P R
I pray for Christians around the world who are persecuted for their faith	N A U P R
I am honest and vulnerable with Christian friends who genuinely care	N A U P R

N	<i>No experience</i>	I really don't know much about this
A	<i>Awareness</i>	I recognize that this is important for followers of Christ
U	<i>Understanding</i>	I truly get this and I can easily explain it to others
P	<i>Practicing</i>	I think/feel/know/do this regularly, ask anyone who knows me
R	<i>Reproducing</i>	I am consistently helping others to think/feel/know/do this

Mission

Jesus sent me to live on mission, so I will make disciples as I go.

I have good friendships with people who do not follow Jesus	N A U P R
I take opportunities to tell others my faith story (my testimony)	N A U P R
I plan my daily routine so that I can intentionally invest in others	N A U P R
I help other people do what I do by mentoring and training them	N A U P R
I am doing things that have a positive influence beyond my own life	N A U P R

Generosity

God owns everything, so I will invest for eternity what He has given me temporarily.

I believe God owns everything I have	N A U P R
I regularly invest my money, my time, and my things to help the church	N A U P R
I believe I can invest what I have in ways that make an eternal impact	N A U P R
I look for ways to bless people with the money God gives me	N A U P R
I give to people so that they will know that God is the ultimate giver	N A U P R

Worship

God alone rules my world, so I will point to Him in everything I do.

I think about how great God is every day, not just when I'm at church	N A U P R
I recognize that God allows all the circumstances in my life	N A U P R
I point people to God when they notice that I've done something well	N A U P R
I enjoy getting together with other Christians to talk about God	N A U P R
I worship when I'm alone, and also when I'm with other people	N A U P R

Service

Jesus made Himself nothing for me, so I will consider the needs of others before my own.

I know that God gives me talents and abilities so that I can help others	N A U P R
I make myself available to help others - Christians and non-Christians	N A U P R
I feel like serving God is a privilege, not a chore	N A U P R
I put others' needs before my own - at home, work, church, etc.	N A U P R
I serve regularly in a ministry here at church	N A U P R

N	<i>No experience</i>	I really don't know much about this
A	<i>Awareness</i>	I recognize that this is important for followers of Christ
U	<i>Understanding</i>	I truly get this and I can easily explain it to others
P	<i>Practicing</i>	I think/feel/know/do this regularly, ask anyone who knows me
R	<i>Reproducing</i>	I am consistently helping others to think/feel/know/do this

Growth

God gives me all I need to thrive, so I will develop disciplines for healthy growth.

I have been baptized under water since becoming a follower of Jesus	N A U P R
I spend time alone with God regularly through prayer and Bible reading	N A U P R
I am able to say no to sin more and more through the Holy Spirit's help	N A U P R
I make decisions based on principles I find in God's Word	N A U P R
I am more like Jesus than I was three months ago	N A U P R

Step 2: Total Up Your Results

- Go back through the statements on the previous page and count your circles.
- Write the results in the first space in each line below.
- Then multiply that number out and write the result in the second space below.
- Add up the the results and put the total in the last space under each Core Value.

EXAMPLE:

N (No experience) 0 x 1 = 0
A (Awareness) 1 x 2 = 2
U (Understanding) 1 x 3 = 3
P (Practicing) 2 x 4 = 8
R (Reproducing) 1 x 5 = 5
Total: 18

Generosity:

N (No experience) _____ x 1 = _____
A (Awareness) _____ x 2 = _____
U (Understanding) _____ x 3 = _____
P (Practicing) _____ x 4 = _____
R (Reproducing) _____ x 5 = _____
Total: _____

The Gospel:

N (No experience) _____ x 1 = _____
A (Awareness) _____ x 2 = _____
U (Understanding) _____ x 3 = _____
P (Practicing) _____ x 4 = _____
R (Reproducing) _____ x 5 = _____
Total: _____

Worship:

N (No experience) _____ x 1 = _____
A (Awareness) _____ x 2 = _____
U (Understanding) _____ x 3 = _____
P (Practicing) _____ x 4 = _____
R (Reproducing) _____ x 5 = _____
Total: _____

Community:

N (No experience) _____ x 1 = _____
A (Awareness) _____ x 2 = _____
U (Understanding) _____ x 3 = _____
P (Practicing) _____ x 4 = _____
R (Reproducing) _____ x 5 = _____
Total: _____

Service:

N (No experience) _____ x 1 = _____
A (Awareness) _____ x 2 = _____
U (Understanding) _____ x 3 = _____
P (Practicing) _____ x 4 = _____
R (Reproducing) _____ x 5 = _____
Total: _____

Mission:

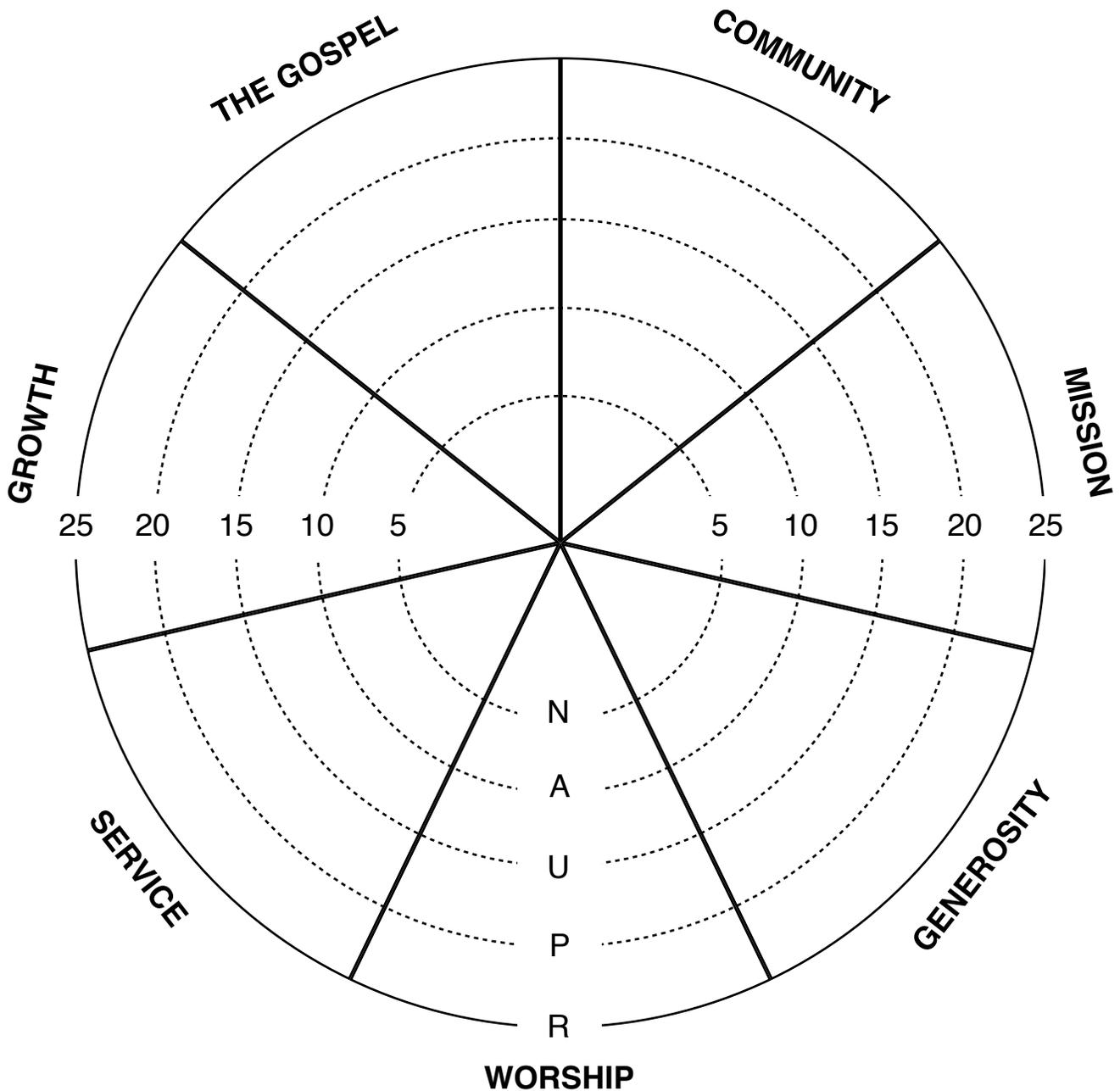
N (No experience) _____ x 1 = _____
A (Awareness) _____ x 2 = _____
U (Understanding) _____ x 3 = _____
P (Practicing) _____ x 4 = _____
R (Reproducing) _____ x 5 = _____
Total: _____

Growth:

N (No experience) _____ x 1 = _____
A (Awareness) _____ x 2 = _____
U (Understanding) _____ x 3 = _____
P (Practicing) _____ x 4 = _____
R (Reproducing) _____ x 5 = _____
Total: _____

Step 3: Create Your Growth Wheel

- Transfer the totals from each Core Value on page 4 and mark them on the Growth Wheel in the appropriate section.
- Using a pencil or marker, shade from the middle of the Wheel until you reach your total in each section.
- The shaded areas reveal your personal Growth Wheel at this point in your spiritual journey.



Conversation #10

Design Your **Personal Growth Plan**

Talk with your Two:22 partner

- How do you feel you are more like Jesus than you were when you first began the Two:22 discipleship plan?
- Look back at your Growth Wheel.
 - In which of the Core Values have you seen significant growth?
 - How have you practically seen that growth lived out on a daily basis in your life?
 - In which of the Core Values have you stayed stagnant or struggled to grow?
 - How have you seen the affects of the lack of growth in that area in your life?
- What are some specific goals that you can make that will help you move toward maturity in the various Core Values? Use the next section to write out specific goals.

The Gospel

Jesus rescued me from eternal death, so I will live my life on earth for Him.

In order to grow in this area of my life over the next three months, I will:

Community

God adopted me into His family, so I will share life with his children.

In order to grow in this area of my life over the next three months, I will:

Mission

Jesus sent me to live on mission, so I will make disciples as I go.

In order to grow in this area of my life over the next three months, I will:

Generosity

God owns everything, so I will invest for eternity what He has given me temporarily.

In order to grow in this area of my life over the next three months, I will:

Worship

God alone rules my world, so I will point to Him in everything I do.

In order to grow in this area of my life over the next three months, I will:

Service

Jesus made Himself nothing for me, so I will consider the needs of others before my own.

In order to grow in this area of my life over the next three months, I will:

Growth

God gives me all I need to thrive, so I will develop disciplines for healthy growth.

In order to grow in this area of my life over the next three months, I will:

Who's Next?

Now that you are nearing the completion of your “official” Two:22 relationship with your discipleship partner, it’s time to decide who’s next. Who will you help be more like Jesus? For suggestions on how to begin, check out the “Getting Started” section in the appendix.

Appendix

Getting **Started**

Steps and suggestions for beginning a Two:22 relationship.

Step 1: Pray about a Two:22 partner. Whom you choose to disciple may be one of the most important decisions you will ever make. Jesus prayed all night long before choosing His twelve (Luke 6:12-16). Before deciding whom to invest in, ask the Lord to lead you to the right person.

Step 2: Make a list of potential disciples.

- Family Members
-
- People in Your Cell Group
-
- Other Saylorville Attenders
-
- People from a Different Culture than Yours
-
- People with the Same Gender, Geography, and Schedule as You
-

Step 3: Look for a partner with the right characteristics.

- *Chemistry*: Jesus called to Himself “those He wanted” (Mark 3:13). Chemistry matters because you’ll be spending a lot of time together. Your Two:22 discipleship partner might become one of your closest friends!
- *Sacrifice*: Jesus screened “discipleship candidates” by observing their willingness to sacrifice (Matthew 19:16-24; Luke 14:26-33). When you’re spending time with a potential Two:22 partner, make a note of the way they talk about other people, the way they respond to being challenged, and the way they serve those around them. If the potential disciple has a difficult time serving, then do what Jesus would have done: move on to someone whose heart is ready to receive from you (Matthew 8:18-22).
- *Hunger*: Jesus invested in hungry people (John 1:35-51; 6:66-69). Look for a disciple among those who are hungry to grow.
- *Willingness to make disciples*: Paul advised Timothy to only disciple those who were willing to disciple others (2 Timothy 2:2). Multiplication runs like a thread through the entire Bible. God wants us to be disciples who make disciples who make disciples.

Step 4: Get to know your potential Two:22 partner first. Before Jesus officially called Peter in Luke 5, He first met him in John 1. Two days later, they were hanging out at a wedding (John 2:1-11), and shortly after that they were doing ministry together (John 4). While He officially called Peter to follow Him later in Luke 5, it wasn’t until Luke 6 that He invited Peter in for the closest level of discipleship.

If you think you want to disciple someone, don't make it awkward. The call to make disciples is not a call to invite total strangers into your most intimate circle. Before you do that, just be normal. Get to know the person first.

Step 5: Ask for a commitment. Once you've identified someone you want to disciple, it's time to ask them to make a commitment to the Two:22 discipleship plan. You may choose to approach the conversation like this,

"Listen, you and I have been spending some time together over the last few months. I've noticed a great willingness to sacrifice in you, a hunger for spiritual things, and a desire to share what God's teaching you with others. I've really been praying, and I would like to join you in the journey of becoming more like Jesus in an official mentoring relationship. It's not super-formal, but I'd like us to meet each week to talk through Scripture and what it means to be like Jesus. I just want to commit myself to this process and for you to do the same. Would you like that?"

Step 6: Work out the details. Decide when and where you will meet each week. Pick a starting date and then get going!

Step 7: Commit yourself to personally be more like Jesus. Remember, discipleship isn't just about knowing more about Jesus. It's about being more like Jesus. You can teach people what you know, but you reproduce who you are. Commit right now to be a Christ-follower who reproduces Christ-followers.

Saylorville Church **Vision and Values**

Our vision as a church is rooted in our values as disciples.

Our Vision

We believe God gives His church a clear mandate in Scripture: to glorify Him by helping people become increasingly devoted followers of Jesus Christ. We want to see that take place at Saylorville Church, in our local community, in the Des Moines metro, and all around the world. To that end, our vision is to be a church that makes **more people more like Jesus**.

- Matthew 28:19-20 - “Go therefore and make disciples of all nations”
- Colossians 1:28 - “Him we proclaim, warning everyone and teaching everyone with all wisdom, that we may present everyone mature in Christ”
- Romans 8:28-29 - “Those whom He foreknew He also predestined to be conformed to the image of His Son”
- Acts 16:5 - “So the churches were strengthened in the faith, and they increased in numbers daily”

Our Values

In order to make **more people more like Jesus**, we value and commit to:

- **The Gospel:** Jesus rescued me from eternal death, so I will live my life on earth for Him.
- **Community:** God adopted me into His family, so I will share life with his children.
- **Mission:** Jesus sent me to live on mission, so I will make disciples as I go.
- **Generosity:** God owns everything, so I will invest for eternity what He has given me temporarily.
- **Worship:** God alone rules my world, so I will point to Him in everything I do.
- **Service:** Jesus made Himself nothing for me, so I will consider the needs of others before my own.
- **Growth:** God gives me all I need to thrive, so I will develop disciplines for healthy growth.

Four Steps of **BIBLE STUDY**

Walk through these steps with your Two:22 partner when you study the key passage of Scripture each week.

1. Learn Observation Skills (What do I see?)

• **The first step is asking good questions. Here are some sample questions:**

- **Who?** Who are the people in this passage? What is said about them? Why are they asking a specific question, making a statement, or behaving in that way? Who wrote this passage, and to whom?
- **What?** What is happening in this passage? What events take place? In what order do they happen? What happens to the characters? What responses are there to these events? In what order do the responses happen? What are some key words or phrases in this passage?
- **Where?** Where is this taking place? Where are the people in the story? Where are they coming from or going to?
- **When?** When are these events taking place? What other events are going on about the same time? When was this written?
- **Why?** Why is this story included in the Bible? Why did the people respond the way they did? Why are the people where they are? Why do the events unfold the way they do?
- **How?** How does this passage relate to the other passages in the context? How does God reveal Himself in this passage?

2. Learn Interpretation Skills (What does it mean?)

• **Begin to uncover some of the answers, reasons, and meanings behind the observations you made in the first step. Here are some sample questions:**

- What did Jesus mean when he said that?
- How did the original readers/listeners understand this passage?
- Why did the characters in the story respond in that way?
- Why did the author use that specific word in this passage?

3. Learn Correlation Skills (Where else is this taught?)

• **Discover other passages that relate to the passage you are studying. Here are some sample questions:**

- What do parallel or similar passages say about this?
- How does this same author talk about this specific word or phrase in other passages?
- How is this concept addressed in both the Old Testament and New Testament?
- Does Jesus talk about this principle in His teaching?
- What can you learn from comparing different writers' perspectives on this topic?

4. Learn Application Skills (How does it apply to me?)

• **Come up with a plan to put into practice the Biblical principles you've learned. Here are some sample questions:**

- What would I have done in the situation described in this passage?
- What part of this reading is most meaningful to me? Why?
- Is there a specific caution, promise, or illustration I need to learn from this passage?
- What is my plan for success in the area I'm lacking in?
- Who will I talk to about the goals I developed as a result of what I read today?

The ACTS **Prayer Model**

*This model of prayer is patterned after The Lord's Prayer in Matthew 6:9-13.
Use this as a guide when you spend time praying each day.*

Adoration

Praise God for who He is:

Confession

Be honest with God about the ways you have sinned in thought, word, and deed. Turn away from your sin and turn toward Him:

Thanksgiving

Thank God for the ways He has worked in your life, and for the blessings He has poured out on you:

Supplication

Ask God to provide for your needs and the needs of others in specific ways:



**SAYLORVILLE
CHURCH**