

# I HOLD YOU IN MY HEART

Philippians 1:1-8

PAT NEMMERS

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The questions below are designed to be used by Saylorville Church Cell Groups as they meet during the week following the Sunday morning message at Saylorville. The intent is not for groups to answer every question, but for leaders to use the questions as a guide as they tailor the discussion to the unique needs of their group. The Sunday message and these questions can be found each week at [www.saylorvillechurch.com/sermons](http://www.saylorvillechurch.com/sermons).

## CONNECT WITH YOUR GROUP (10-15 MINUTES)

- Pastor Pat talked about receiving an email that he didn't want to open. Tell your group about a time when you got an email, a letter, or a text message from someone that you dreaded opening.
- What do you think people feel when they see you, or find out you're on your way over to their house?

## APPLY THE BIBLE (45-60 MINUTES)

- **Remember** what you talked about last time. Is there anything you need to **follow up** on this week?
  - **Review** the notes you took on Sunday. What is **one thing** that sticks out to you about what you heard?
  - **How's Your Heart?** Look at the pictures on page two. Which one best illustrates the condition of your heart right now? Explain why you chose the picture you did.
  - **Read** Philippians 1:1-8. In his introduction to this letter, Paul reveals his true heart for the church in Philippi and challenges us about our own hearts.
1. **Paul had a Grateful Heart. Do You? (vs. 3-5, 7)**
    1. Paul thanks God regularly for this church, and he prayed for them constantly. Who are you praying for regularly? How are you praying for them?
    2. Paul's relationship with his readers is a "fellowship of the gospel." What place does the gospel have in your friendships?
    3. What are some practical ways that your Cell Group can experience a greater sense of fellowship/partnership/community together? Commit to sharing life in a new way this week as a group.
  2. **Paul had a Confident Heart. Do You? (vs. 6)**
    1. "God ruthlessly protects those He royally elects." How has this been true in your own life? Share a story of God's faithfulness with the group.
    2. Read Romans 8:29-30. What part do we ourselves play in our salvation story? How does this encourage you? How does this truth impact the confidence you have in your salvation?
  3. **Paul had a Great Heart. Do You? (vs. 7-8)**
    1. Paul made room in his heart for people of all beliefs and backgrounds. Is there someone that you've struggled to open your heart to? How might you pray and act this week to show that person the love of Jesus?
    2. Who are some people that you hold in your heart because of their impact on your life?

## PRAY WITH EACH OTHER (5-15 MINUTES)

- Pray that we would have the heart of Paul, and ultimately, the heart of Christ, for others this week.

## MEMORIZE FOR NEXT TIME (FROM SUNDAY NIGHT)

- *Philippians 1:6 - And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.*



