

THE HELMET OF SALVATION

Ephesians 6:10-18 (esp. vs. 17)

PAT NEMMERS

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The questions below are designed to be used by Saylorville Church Community Groups as they meet during the week following the Sunday morning message at Saylorville. The intent is not for groups to answer every question, but for leaders to use the questions as a guide as they tailor the discussion to the unique needs of their group. The Sunday message and these questions can be found each week at www.saylorvillechurch.com/sermons.

CONNECT WITH YOUR GROUP (10-15 MINUTES)

- Have you ever been in a competition, on a team, or in a battle that required special equipment? Talk about the individual pieces of equipment that were required, and how each piece was vital to the mission you were trying to accomplish.

APPLY THE BIBLE (45-60 MINUTES)

- **Remember** what you talked about last time. Is there anything you need to **follow up** on this week?
- **Review** your Sermon Notes together. What is **one thing** that sticks out to you about what you learned?
- **Read** this week's passage together. In his message, **Pastor Pat unpacked the familiar call, criteria and consolation of work.**

INTRO:

- Jesus doesn't send us into battle without the right equipment. The "helmet of salvation" protects our minds. The helmet of salvation is the fearless confidence we possess in Jesus Christ. It *inspires* us to run into battle, *assures* us our penalty's been paid (Roman 8:1), *empowers* us as soldiers who are more than conquerors (Romans 8:37) and *reminds* us our destiny is guaranteed (Philippians 1:21).
 - ***What evidence is there in your life that your greatest spiritual battle occurs in your mind?***

Three "Minds" of Scripture:

1. The Corrupt Mind (2 Corinthians 4:3-4)

- If you don't know Jesus, your mind is unprotected against every sword, spear, and missile that Satan points at you. How do you know for sure that you are a Christian - and protected by the helmet of salvation? Do you have a credible salvation story?
- If you're a Christ-follower, you should be appalled at what lost people say and do, but you should never be surprised. How does the "lostness" of the world point us to the need for a Savior?

2. The Carnal/Worldly Mind (Romans 8:6-8)

- The carnal Christian is someone who has been saved but rarely wears their helmet. They can choose to protect their minds, but they choose not to. Read 1 Corinthians 3:1-3 and talk about some of the other characteristics of the carnal Christian.
- What are you personally doing to make sure that you continue to grow in your walk with Jesus, and don't get "stuck" in the carnal stage?

3. The Christ Mind (1 Corinthians 2:16)

- The person with the mind of Christ puts on the helmet of salvation daily. Our Core Value of The Gospel reminds us that Jesus is the main story. How might the simple act of rehearsing the gospel to yourself daily help protect you from the weapons of the world and the devil?

Are you struggling to control and capture your thoughts? Are you believing lies? Are you discouraged, stuck, or confused? Put on the helmet of salvation every day!

PRAY TOGETHER (5-15 MINUTES)

- Pray for you and your group right now - that you would not be lazy about putting on the helmet of salvation this week!

