

WALKING IN THE SPIRIT

Ephesians 5:15-21

PAT NEMMERS

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The questions below are designed to be used by Saylorville Church Community Groups as they meet during the week following the Sunday morning message at Saylorville. The intent is not for groups to answer every question, but for leaders to use the questions as a guide as they tailor the discussion to the unique needs of their group. The Sunday message and these questions can be found each week at www.saylorvillechurch.com/sermons.

CONNECT WITH YOUR GROUP (10-15 MINUTES)

- This Sunday was Daylight Savings Time. If you had a literal extra hour in your day, what would you do with it? What if you had a full extra day?

APPLY THE BIBLE (45-60 MINUTES)

- **Remember** what you talked about last time. Is there anything you need to **follow up** on this week?
- **Review** your Sermon Notes together. What is **one thing** that sticks out to you about what you learned?
- **Read** this week's passage together. In his message, **Pastor Pat taught us three ways to walk in the Spirit, according to Ephesians chapter 5.**

How to Walk in the Spirit:

1. **Make the best use of the gift of time (Ephesians 5:15-16)**
 - What are some recent opportunities that you regret not making the most of (E.g., a purchase you didn't make, a word you didn't say, a stand you didn't take, etc.)?
 - If you recorded what you did with your time for a full week, what do you think you would notice when you evaluated your use of time? How would this exercise reveal your priorities? What do you think you might need to adjust in your schedule next week?
 - How can you use your time this week to help someone else be more like Jesus?
2. **Choose God's wisdom over your foolishness (Ephesians 5:17)**
 - Talk about a time in your life when you were seriously asking God for His will and wisdom. Where did you turn to look for that wisdom? Did God give you an answer right away?
 - When was the last time you read something in the Bible that changed the way you thought, spoke, or acted? Are you allowing God's Word to transform you?
3. **Obey God's command to stay filled with the Spirit (Ephesians 5:18-21)**
 - The Apostle Paul tells us not to be drunk, or controlled, by alcohol, but to be controlled by the Holy Spirit. We can actually choose to be controlled by almost anything, so what are some things you are "under the influence" of today?
 - According to verses 19-21, what are some ways you can stay under the influence of the Holy Spirit?
 - What are some of your favorite Psalms, hymns, or spiritual songs right now?

SING TOGETHER (Psalm 61:8)

- If you have someone in your group who can play an instrument, ask them to lead your group in singing to and with "one another." Here are a few songs your group can sing together if you need background music:
 - *Yet Not I But Christ Through Me* (<https://youtu.be/zundjUFazfg>)
 - *Behold Our God* (<https://youtu.be/Qx9-0v9m2Sg>)
 - *Goodness Of God* (<https://youtu.be/-f4MUUMWMV4>)

PRAY TOGETHER (5-15 MINUTES)

- Pray that you would walk under the influence of the Holy Spirit individually and as a group.

