

The questions below are intended to be used by Saylorville Church Cell Groups as they meet during the week following the Sunday morning message at Saylorville. The intent is not for groups to answer every question, but for leaders to use the questions as a guide as they tailor the discussion to the needs of their unique group.

CONNECT WITH YOUR GROUP (10-15 MINUTES)

1. The image of the dress on the next page became an internet phenomenon last year. Some claimed that the dress was blue and black, while others saw white and gold. What color do you think it is? (Group Leader - print out at least one color copy and show it to your Group)
 1. The difference in how our eyes see the colors is a result of our different perspectives. Our eyes have been trained to interpret colors differently, so we actually see our surroundings differently.
 2. How do you think our "perspective" influences the way we view some of the difficult things we go through in life?

APPLY THE BIBLE (45-60 MINUTES)

- What is your one thing from Sunday? What stuck out to you about what you heard (a new idea, an application, a challenge, a question, or a new thing you learned)?
- **Read 2 Corinthians 4:16-18**
- In his message, Pastor Pat shared three encouraging perspectives in the midst of suffering:
 1. ***Even when you lose your health, you don't have to lose your heart (vs. 16)***
 1. What do you do to stay physically healthy?
 2. What do you do to stay spiritually healthy?
 3. Based on your schedule, your habits, your budget, and your priorities, would you say that you are more concerned for your physical health or your spiritual health?
 4. Have you ever met someone who was physically wasting away, but was spiritually vibrant? Tell your group about that person and what impressed you about him/her.
 2. ***Though your struggles are working at you, they are also working in you (vs. 17)***
 1. From his own experience, Paul describes the Christian's suffering as light, momentary, real, and working for us. Which of these characteristics is most meaningful in helping you change your perspective on your suffering? (Check out 1 Peter 1:6 to read Peter's perspective on trials.)
 2. How might memorizing Scripture help us have the right perspective in the midst of struggles? What are some passages that might be especially helpful? (Eg., James 1:12; Galatians 2:20)
 3. On Sunday, we were encouraged to not waste our trials. What might a wasted trial look like?
 3. ***Your struggles are like a divine pair of binoculars, helping you see glory better (vs. 18)***
 1. How can our struggles in this life help us get a better picture of what is in store for us in eternity?
 2. Check out Colossians 3:2 and Matthew 6:20 and talk about how these passages encourage us to have an eternal perspective in the midst of the daily grind.

"The real voyage of discovery consists not in seeking new landscapes, but in having new eyes."

PRAY TOGETHER (5-15 MINUTES)

- What are some hurts in your Cell Group right now? Remember, these hurts are real.
- Pray that your Group would be a physical and spiritual encouragement to those who are hurting.



IS THIS DRESS
BLUE AND BLACK
OR
WHITE AND GOLD?

